Evening Chanting

&

The Three Refuges

&

The Five precepts
Guide to Pronunciation of Pali

c - pronounced 'ch' as in cheese.
a - pronounced half way between a 'u' and an ‘a’, as in Dhamma.
e - as in the 'ay' in hay.
o - pronounced 'oh' as the 'o' in bingo.
Double letter e.g. dd - pronounced as in mad-dog.
v - pronounced half way between a ‘v’ and a ‘w’.

Note - the lengthened vowels ā and ī have been rendered as aa and ii.
The Three Refuges and the Five Precepts

The lay person bows three times and requests the Refuges & Precepts by reciting:

Ahang bhante, ti-saranena saha pañca siilaani yaacaami.
Venerable Sir, I request the Three Refuges & the Five Precepts.

Dutiyampi ahang bhante ti-saranena saha pañca siilaani yaacaami.
Venerable Sir, a second time I request the Three Refuges & the Five Precepts.

Tatiyampi ahang bhante ti-saranena saha pañca siilaani yaacaami.
Venerable Sir, a third time I request the Three Refuges & the Five Precepts.

(When reciting in or for a group, change ahang to mayang – we, and yaacaami to yaacaama.)

The monk then recites the following passage three times, after which the lay people repeat it three times:

Namo tassa bhagavato arahato sammaa-sambuddhassa.
Homage to the Blessed One, 
the Worthy One, the Rightly Self-awakened One.

The monk next recites the following passages line by line, with the lay people reciting line by line after him:
Buddhang saranang gacchaami.  
I go to the Buddha for refuge.

Dhammang saranang gacchaami.  
I go to the Dhamma for refuge.

Sangghang saranang gacchaami.  
I go to the Sangha for refuge.

Dutiyampi buddhang saranang gacchaami.  
A second time, I go to the Buddha for refuge.

Dutiyampi dhammang saranang gacchaami.  
A second time, I go to the Dhamma for refuge.

Dutiyampi sangghhang saranang gacchaami.  
A second time, I go to the Sangha for refuge.

Tatiyampi buddhang saranang gacchaami.  
A third time, I go to the Buddha for refuge.

Tatiyampi dhammang saranang gacchaami.  
A third time, I go to the Dhamma for refuge.

Tatiyampi sangghhang saranang gacchaami.  
A third time, I go to the Sangha for refuge.

The monk then says:

Ti-sarana-gamanang nitthitang.  
This ends the going for refuge.

The lay person responds:

Aama bhante.  
Yes, Venerable Sir.
The monk then recites the precepts line by line, with the lay people reciting them line by line after him.

Paanaatipaataa veramanii sikkhaa-padang samaadiyaami.
   I undertake the training rule to refrain from taking life.

Adinnaadaanaa veramanii sikkhaa-padang samaadiyaami.
   I undertake the training rule to refrain from stealing.

Kaamesu micchaacaaraa veramanii sikkhaa-padang samaadiyaami.
   I undertake the training rule to refrain from sexual misconduct.

Musaavaadaa veramanii sikkhaa-padang samaadiyaami.
   I undertake the training rule to refrain from telling lies.

Suraa-meraya-majja-pamaadatthaanaa veramanii sikkhaa-padang samaadiyaami.
   I undertake the training rule to refrain from alcohol & drugs that impair mindfulness.

The monk alone then concludes with the following:

Imaani pañca sikkhaa-padaani:
   These are the five training rules.

Siilena sugating yanti.
   Through virtue you go to heaven.

Siilena bhoga-sampadaa.
   Through virtue is wealth attained.

Siilena nibbuting yanti.
   Through virtue you can be liberated.

Tasmaa siilang visodhaye.
   Therefore virtue should be purified.
Evening Chanting

While the candles and incense are being lit, everyone shows their respect by raising their hands, palm to palm in añjali.

[Yo so] bhagavaa arahang sammaasambuddho
   To the Blessed One,
   the One far from all defilements who unaided attained Full Enlightenment;

Svaakkhaato yena bhagavataa dhammo
   To the Teaching well-expounded by the Blessed One;

Supatipanno yassa bhagavato saavakasanggho
   And to the Community of the Blessed One's disciples who have practised well;

Tam mayang bhagavantang sadhammang sasangghang
   To these, the Buddha, the Dhamma, and the Sangha,

Imehi sakkaarehi yathaarahang aropitehi abhipuujayaama
   we pay our due respects with these our offerings.

Saadhu no bhante bhagavaa sucira-parinibbuto pi
   It is well for us, Venerable and Exalted Lord, that after attaining your own Enlightenment

Pacchimaa janataa nukampamaanasaa
   You had compassion on later generations,

Ime sakkaare duggatapannaakaarabhuute patigganhaatu
   And we ask your acceptance of our simple offerings here

Amhaakang diigharattang hitaaya sukhaaya
   for our long-lasting benefit and happiness.
[Arahang] sammaa-sambuddho bhagavaa.
The Blessed One,
the One far from all defilements who unaided achieved Full Enlightenment:

Buddhang bhagavantang abhivaademi.
I bow low before the Buddha, the Blessed One.

(BOW DOWN)

[Svaakkhaato] bhagavataa dhammo.
The Teaching well-expounded by the Blessed One:

Dhammang namassaami.
I do homage to the Dhamma.

(BOW DOWN)

[Supatipanno] bhagavato saavaka-sanggho.
The Community of the Blessed One's disciples:

Sangghang namaami.
I bow in homage to the Sangha.

(BOW DOWN)

LEADER:
Handadaani mayantang bhagavantang vaacaaya abhigaayitung
pubba-bhaaga-namakaaranyceva buddhaanussati-nayanyca karoma se:
Now let us chant the preliminary passage in homage to the Blessed One,
together with the guide to the recollection of the Buddha:
[LEADER: Tang kho pana bhagavantang] evang kalyaano kitti-saddo abhuggato,

The noble reputation of the Blessed One has been expressed and spread abroad as follows:

Itipi so bhagavaa arahang sammaa-sambuddho,

He is the Blessed One, far from all defilements, who unaided attained Full Enlightenment;

Vijjaa-carana-sampanno sugato lokaviduu,

The One fully possessed of wisdom and perfect in conduct who travelled the good way; the knower of worlds;

Anuttaro purisa-damma-saarathi satthaa deva-manussaanang buddho bhagavaati.

The incomparable trainer of those who are ready to be trained; teacher of gods and humans; the Awakened and Noble One.

Verses in Celebration of the Buddha

(LEADER):

Handa mayang buddhaabhigiiting karoma se:

Now let us chant in celebration of the Buddha:
Buddha, endowed with such virtues as highest worthiness:

In him, purity, supreme knowledge, & compassion converge.

He awakens good people like the sun does the lotus.

I revere with my head that Peaceful One, the Conqueror Supreme.

The Buddha who for all beings is the secure, the highest refuge,

The first theme for recollection: I revere him with my head.

I am the Buddha's servant, the Buddha is my sovereign master,

The Buddha is a destroyer of suffering & a provider of welfare for me.

To the Buddha I dedicate this body & this life of mine.

I will fare with reverence for the Buddha's genuine Awakening.

I have no other refuge, the Buddha is my foremost refuge:

By the speaking of this truth, may I grow in the Teacher's instruction.

I revere that Peaceful One, the Conqueror Supreme.

The Buddha who for all beings is the secure, the highest refuge,

The first theme for recollection: I revere him with my head.

I am the Buddha's servant, the Buddha is my sovereign master,

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I have no other refuge, the Buddha is my foremost refuge:

By the speaking of this truth, may I grow in the Teacher's instruction.

I revere that Peaceful One, the Conqueror Supreme.
Ya.m puññang pasutang idha,
Sabbe pi antaraayaa me, Maahesung tassa tejasaa.
Through the power of the merit here produced by my reverence for the Buddha, may all my obstructions cease to be.

**BOW DOWN AND SAY:**
Kaayena vaacaaya va cetasaa vaa,
Buddhe kukammang pakatang mayaa yang,
Buddho patigganhatu accayantang,
Kaalantare sangvaritung va buddhe.
If in body, speech or mind I have done any wrong towards the Buddha may these faults be pardoned and in future may I refrain from such wrong actions.

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**The Recollection of the Dhamma**

**LEADER:**
Handa mayang dhammaanussati-nayang karoma se:
Now let us bring the Dhamma to mind:

**ALL:**
[Svaakkhaato] bhagavataa dhammo,
The Dhamma is well-expounded by the Blessed One,
Sanditthiko akaaliko ehipassiko,
It is to be seen here and now; its blessings are immediate; it invites everyone to examine it themselves;
Opanayiko paccattang veditabbo vinyuuhiiiti.
it leads inwards to liberation and is to be experienced personally by the wise.
Verses in Celebration of the Dhamma

(LEADER):
Handa mayang dhammaabhigiiting karoma se:
   Now let us chant in celebration of the Dhamma:

(ALL):
[Svaakkhaatataa]diguna-yogavasenaseyyo,
   Superior, through having such virtues as being well-expounded,
Yo magga-paaka-pariyatti-vimokkha-bhedo,
   Divided into Path & Fruit, study & emancipation,
Dhammo kuloka-patanaa tadadhaari-dhaarii.
   The Dhamma protects those who hold to it from falling into miserable worlds.
Vandaam'ahang tama-harang vara-dhammam-etang
   I revere that foremost Dhamma, the destroyer of darkness.
Dhammo yo sabba-paaniinang
Saranang khemam-uttamang
   The Dhamma that for all beings is the secure, the highest refuge,
Dutiyaanussatitthaanang
Vandaami tang sirenahang,
   The second theme for recollection: I revere it with my head.
Dhammassaahasmi daaso va
Dhammo me saamikissaro.
   I am the Dhamma's servant, the Dhamma is my sovereign master,
Dhammo dukkhassa ghaataa ca
Vidhaataa ca hitassa me.
   The Dhamma is a destroyer of suffering & a provider of welfare for me.
Dhammassaahang niyyaademi
Sariirañjiivitañcidang.
   To the Dhamma I dedicate this body & this life of mine.
Vandanto'hang carissaami
Dhammasseva sudhammatang.
   I will fare with reverence for the Dhamma's genuine rightness.
N'atthi me saranang aññang,
Dhammo me sarana.m varang:
   I have no other refuge, the Dhamma is my foremost refuge:
Etena sacca-vajjena,
Vaddheyyang satthu-saasane.
   By the speaking of this truth, may I grow in the Teacher's instruction.
Dhammang me vandamaanena
Yang puññang pasutang idha,
Sabbe pi antaraayaa me,
Maahesung tassa tejasaa.
   Through the power of the merit here produced by my reverence for the
   Dhamma, may all my obstructions cease to be.

BOW DOWN AND SAY:
Kaayena vaacaaya va cetasaavaa vaa,
Dhamme kukammang pakatang mayaa yang,
Dhammo patigganhatu accayantang,
Kaalantare sangvaritung va dhamme.
   If in body, speech or mind I have done any wrong towards the Dhamma may
   these faults be pardoned and in future may I refrain from such wrong actions.

The Recollection of the Sangha

LEADER:
Handa mayang sanghaanussati-nayang karoma se:
   Now let us bring the Sangha to mind:
Supatipanno bhagavato saavaka-sangho,
The Community of the Blessed Ones' disciples has entered on the good way,

Uju-patipanno bhagavato saavaka-sangho,
The Community of the Blessed Ones's disciples has entered on the straight way,

Nyaaya-patipanno bhagavato saavaka-sangho,
The Community of the Blessed Ones's disciples has entered on the true way,

Saamiici-patipanno bhagavato saavaka-sangho,
The Community of the Blessed Ones's disciples has entered on the proper way,

Yadidang cattaari purisa-yugaani attha purisa-puggalaa:
That is, the four pairs, the eight types;

Esa bhagavato saavaka-sangho --
This Sangha of the Exalted One's disciples is worthy of gifts,

AAhuneyyo paahuneyyo dakkhineyyo anyjali-karaniiyo,
worthy of hospitality, worthy of offerings, worthy of respectful salutation

Anuttarang punyakkhettang lokassaati.
and is an incomparable field of merit for the world.

Verses in Celebration of the Sangha

(LEADER):
Handa mayang sanghaabhiigiting karoma se:
Now let us chant in celebration of the Sangha:

(ALL):

[Saddhammajo] supatipatti-gunaadiyutto,
Born of the true Dhamma, endowed with such virtues as good practice,
Yotthaabbidho ariya-puggala-sangha-settho,
The supreme Sangha formed of the eight types of Noble Ones,

Siilaadhamma-pavaraasaya-kaaya-citto:
Guided in body & mind by such principles as morality:

Vandaam'ahang tam-ariyaana-ganang susuddhang.
I revere that group of Noble Ones well-purified.

Sangho yo sabba-paaniinang
Saranam khemam-uttamang,
The Sangha that for all beings is the secure, the highest refuge,

Tatiyaanussatitthaanang
Vandaami tang sirenahang,
The third theme for recollection: I revere it with my head.

Sanghassaahasmi daaso va
Sangho me saamikissaro.
I am the Sa"ngha's servant, the Sa"ngha is my sovereign master,

Sangho dukkhassa ghaataa ca
Vidhaataa ca hitassa me.
The Sangha is a destroyer of suffering & a provider of welfare for me.

Sanghassaahang niyyaademi
Sariirañjiivitañcidang.
To the Sangha I dedicate this body & this life of mine.

Vandanto'hang carissaami
Sanghassopatipannatang.
I will fare with reverence for the Sangha's good practice.

N'atthi me saranang aññang,
Sangho me saranang varang:
I have no other refuge, the Sangha is my foremost refuge:

Etena sacca-vajjena,
Vaddheyyyang satthu-saasane.
By the speaking of this truth, may I grow in the Teacher's instruction.

Sanghang me vandamaanena
Yang puññang pasutang idha,
Sabbe pi antaraayaa me,
Maahesung tassa tejasaa.

Through the power of the merit here produced by my reverence for the Sangha,
may all my obstructions cease to be.

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MEDITATION
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the One far from all defilements who unaided achieved Full Enlightenment:

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I bow low before the Buddha, the Blessed One.

(BOW DOWN)

[Svaakkhaato] bhagavataa dhammo.
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(BOW DOWN)